

Principal: Amelia Olsen Phone No: 5484 0888 Email:- principal@widgeess.eq.edu.au

> 2156 Gympie Woolooga Road, Widgee 4570

WIDGEE STATE SCHOOL PARENTS & CITIZENS ASSOCIATION

The school newsletter is available on our website and School Stream App.



Date	Event
Monday mornings 8.20am	Marimba lessons Years 3-6
27-28th May	Bushman's Bar
31 May	Under 8's Day
21-23rd June	School Review
24th June	Rewards Day
l I th July	130th Birthday Picnic
20th August	Widgee Pro Rodeo

Widgee State School Newsletter

From the Principal's Desk

27th May 2022

Welcome to Week 6 Term 2



How cool do our Senior School student polo shirts look? And our school front fence banner? It has been a massive fortnight of organising and planning for a number of major upcoming events...

Widgee State School turns 130 years young!

Our 130th birthday will be celebrated on Monday 11th of July (first Monday of term 3) with a school picnic. – Please put on your thinking caps and get out your dress up items to come dressed in 'olden day style' clothes for the picnic.

Currently, our Year 5 & 6 students are filming the 'Living legends of Widgee,' as a short documentary which fits perfectly with the English and Digital Media Art units which they are working on. We intend to release this short movie in July as a historical moment in time on our school website and social media.

In addition to this, the school has produced some fabulous bookmarks as a memento, which will be available to students, staff, and community members on or after the 130^{th} birthday as a keepsake.

Widgee Pro Rodeo

Thanks for all of the great feedback we have received about our upcoming rodeo! The atmosphere around here is electric! Hosting a huge event like a rodeo takes a lot of work, commitment and enthusiasm from our P & C. We are looking forward to bringing this to life in August (Saturday 20th of August - the week before the Gympie Music Muster). Stay tuned for more information! The rodeo will raise some much-needed funds for our little school.



WIDGEE STATE SCHOOL

1892-2022

130th Birthday

Horse Paddock Project—Environmental Education (HoPE)

Attached to our school is a small parcel of land (approx. 2 acres) affectionally and historically known as 'The Horse Paddock'. Students used to ride their horses to school, but as this is no longer the case, and as part of our on-going school improvement, we would like to make use of this area. By reducing the risks (once it dries out, we will do a burn!), we plan to develop this space by working with the students to create a bike-walking track, native food/sensory garden and build an outdoor classroom. All of this, will work hand in hand with the current development of an Outdoor Learning Hub (headed by Sue Gibson, Principal of Barambah Outdoor Environmental Education Centre) and in conjunction with Barambah, Gympie East, Monkland and Chatsworth to support our shared curriculum delivery. Our ultimate goal is to create an inquiry, scientific-based environmental learning culture here at Widgee. – This is a new and collegially shared concept that we are proud to be an innovative partner in. Our students love the freedom of natural, and creative and team work-play which we believe makes the best decision makers and contributing, caring community members, not just now, but into the future.

CLASSROOM INFORMATION

This week the senior class had a visit from the Gympie Koala Action Group who spoke to our students in regard to the local koalas in our area. Robyn presented our students with some valuable information and we will take this into consideration when planning out our 'Horse Paddock Project'.

It has been great to see the exciting Science, Art, Maths and English lessons being carried out in our classrooms. We aim to show you a photo a day on our Facebook page for the benefit of the parents and community to see what learning looks like at Widgee State School.

BEHAVIOUR

Week 6 behaviour focus has been on:

I am a learner -

Aim for an 'A' standard.

School motto 'Pride and Right'

One of the ongoing focus areas for WSS is developing our school-wide work ethic and behaviour based on 'Pride and Right'. To ensure behaviour and work ethic become consistent across our school we have our school values of being a LEARNER, being RESPONSIBLE and being SAFE. To live our values and achieve this, we have elected to ask our students three questions:

Am I proud of my work/behaviour? Why? Why not? Is this my best effort? What could I do better?

In this reflective manner, these three questions will assist students to self-regulate their own behaviour. Weeks 7 & 8

'I am safe' – I protect myself and others from harm. Responsible reporting and safety issues.

REMINDERS

Mr Pinney and I are working out our Athletics Carnival program and we will let you know the details as soon as we have locked in a plan. At this stage, the main events will be held on Monday of Week 9.

Rewards Day – Last day of term 2. Due to the bumpy nature of the term, we have decided that all students will be invited to a PJ themed Free Dress Day on the last day of school. All students will participate in a rotation of fun activities followed by a movie in the afternoon or sport activity.

V

On Tuesday our P-2 class will be travelling to Kilkivan for Under 8's day activities. We hope they have a great morning and we are looking forward to hearing about their adventures!

VOLUNTEERS

Upcoming Bushman's Bar 27th and 28th of May.- If you can put salad on a plate, help with waiting on tables or dishes, we need you! Contact Kylie at the school for more information.

GENERAL INFORMATION

Great to see student attendance improve this week. We are now into reporting and assessment for semester one. We anticipate sending report cards home on Wednesday of week 10.

The final week of term 2 will be super busy with the whole school review being carried out on Tuesday, Wednesday and Thursday.

Regards, Amelia.

NEWS FROM THE 3/4 ROOM

This term in science our budding scientists have been investigating how plants grow. They are participating in a guided inquiry, working in collaborative, small groups to conduct an experiment to investigate how seeds germinate. They have created a fair test investigation by changing one variable and recording their findings, regarding which of their three plants grow the best. Progress report on our experiment to date: 21 pots - 1 plant has germinated! That is the joy of science! We are hoping we have a few more plants germinate, so that we have better data to base our findings on.

In food technology our classroom has been investigating the production of milk and milk products, past and present. We have been lucky enough to view an old cream can that would have been used in the past by dairy farmers to store and transport their milk/cream to the factories. The students are excited to design and build their taco at the end of the unit.

We are getting to the pointy end of the term and our classroom is starting to get into the assessment of the learning they have done this term.

DIGITAL LITERACY WITH MRS A





SIGHT WORDS WITH MRS SMITH



Letten litenacy with Miss Allen!



LANGUAGE ACTIVITIES with miss reedman







Reading with Mr Andrews





LIBRARY WITH MRS LOHSE

MODELLED READING WITH MRS MI(HEL



KOALA SPOTTING WITH MS OLSEN



REWARDING AN EXCELLENT EFFORT WITH MRS FITZ









MINI-LIT WITH MRS CARTER



STUDENTS OF THE WEEK

WEEKS 5 AND 6 SNR

EBONY: For modelling the school motto of "pride and right" through her love of learning.

EMILY: For being a great model to the class in behaviour and work.

ALYSSA: For being a great model to the class in behaviour and work

MID

ISABELLE: For consistent improvement in her spelling results between her pre-test and post test.

KAI: Kai demonstrated pride in his work, creating a text with beautiful neat handwriting.

JNR

ARCHIE: For his positive attitude to his classwork.

KALEB: For consistently completing his homework. Well done Kaleb.





JYE—9th

MRS LOHSE—25th

CHARLEE



Certificate





WIDGEE WELLBEING INFO Mental health: the 4 key factors that shape our wellbeing, according to psychologists

<u>New research</u> has unveiled four key statements that can help us understand what 'wellbeing' really means. Type '<u>wellbeing</u>' into Google and press search, and you'll be confronted by hundreds of websites sharing tips and tricks for living a better life. Interest in <u>self-improvement</u> has surged over the last couple of years and, as such, there is now a myriad of information available about how to feel, eat and perform better.

While it's great to see so many accessible resources available, the sheer amount of content out there can sometimes feel a little overwhelming – especially if you're not sure what 'wellbeing' actually means. We all want to live our best lives, but identifying what that might look like can be tricky to say the least.

But thanks to <u>a new piece of research</u>, things are about to get a lot easier. According to a new study by psychologists at the University of Girona in Spain, your overall wellbeing is defined by four central 'nodes' or factors which interact with one another in a kind of push-pull relationship – and focusing on these four areas can help to bring about positive changes in other areas of your life, too. The four areas that the researchers believe define 'wellbeing' are as follows:

- 1. Most of the time, I feel proud of who I am and the life I lead
- 2. In general, I feel positive and confident about myself
- 3. I enjoy making plans for the future and working to make them a reality
- 4. In general, I feel I am in charge of the situation in which I live

While these statements may feel a little arbitrary at first, they've been developed from an existing scale used to measure wellbeing across the world – and incorporate key psychological concepts such as self-acceptance, life purpose and environmental mastery.

In short, these statements describe the key qualities that make us feel good – and as such, can help us to identify the areas of our lives we might want to work on.

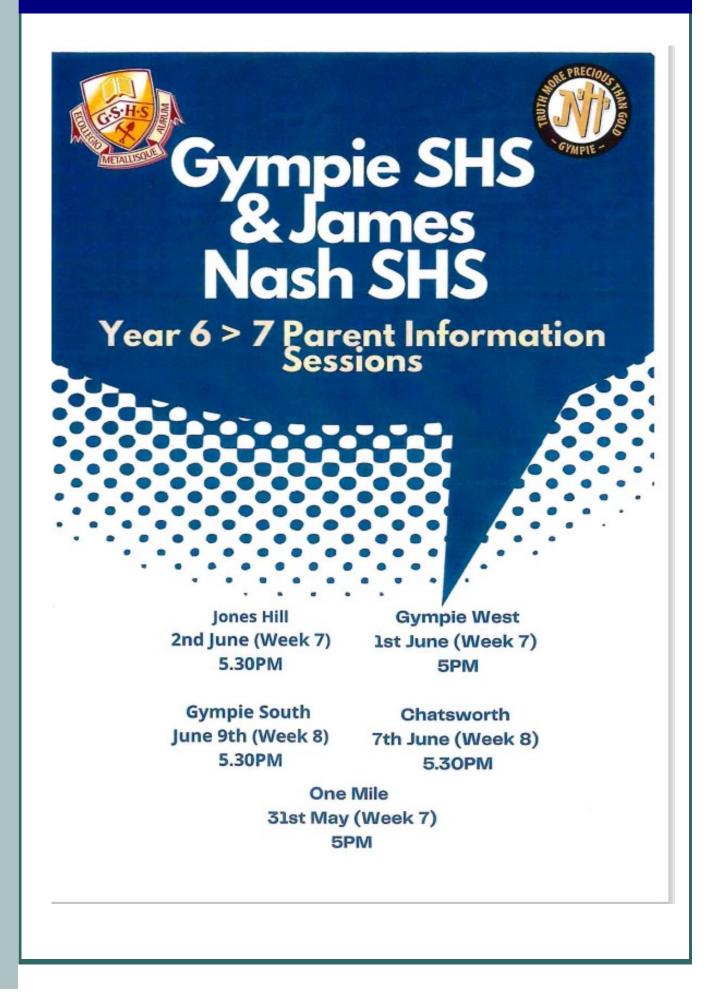
Indeed, as the psychologist and author Susan Krauss Whitbourne <u>writes in *Psychology Today*</u>: "Rather than spend your energy sifting through all the many potential ways you could improve your wellbeing, start with these four and see whether the positive energy starts spreading elsewhere."

She continues: "These items all provide the advantage of being easy to understand and relatively selfexplanatory. You can roll up your sleeves and start to work with each of them rather than have to worry about more complex and perhaps less readily translatable strategies."

Improving your wellbeing may not be as straightforward and easy to understand as improving your <u>fitness</u> or skill set at <u>work</u>, but this new framework is a useful way to think about the concept and focus on the areas of your life you might want to change in the long-run.

Life is messy and complicated – but by understanding what makes us feel good, we can start to make positive changes that have real, long-lasting effects.

POSTED BY LAUREN GEALL FOR WELLBEING





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THANK YOU FOR THE WONDERFUL **SERVICES YOU PROVIDE**

Widgee Rural Fire Brigade

Executive

Chairperson Secretary: **Treasurer:**

Scott Robertson Larissa Stuart Jaki Hill-Connelly

Voluntary Community Educator: Chris Lhotka & Val Ware

FIRE WARDEN: George Cotter 5486 1224

In case of Fire ring **000** and request Fire Service

WIDGEE COMMUNITY COMPLEX President: Jon Offord 5484 0190 **Treasurer:** Sid Dumpleton 5484 0272

Secretary: Margaret Fittler 5484 0420 Public Relations: Glynnis Offord 54840190

Complex facilities available for hire for any

functions & sports. Tennis courts are now

available for hire.

For more information please contact any of the

List of Officers **Ist Officer:**

For Fire Permits

2nd Officer: 3rd Officer: 4th Officer:

Tony Hegedus Ph: 0417551 01 Barry Dyer Russell Holt

John Stuart

WIDGEE CRAFT GROUP

Judy Houben 54840247 President:-Secretary:-Treasurer:-

Sylvia Taylor Pat Baumgart

We met every Wednesday

morning at the **Community Complex** All are welcome



Counts Every Day



Widgee District Hall & Recreation Association

President: Steve Hawkins	
Vice President: Lance Cavanagh	
Secretary: Sue Lohse	

0418773183 0455840167

5484 0281

Treasurer: Jaki Hill-Connelly Hall Bookings: Ron Follett Campdraft:

54840023 0428524449 0406573329

above or write jonlofford@gmail.com When educating the

minds of our youth, we must not forget to educate their hearts.»

Dalai Lama

